

Tickle your tastebuds with feel-good recipes from Dr. Olivier Courtin that help promote beautiful skin.

## FAISSELLE WITH HONEY, FIGS AND HAZELNUTS

### RECIPE

Unmould the faisselles, quarter the figs.

Drizzle with the honey.

Add the hazelnuts or other nuts of your choice that you can lightly roast in a dry frying pan.



**FOR 4 people**

**PREPARATION 5 minutes**

- 4 faisselles (fresh goat, sheep or cow's milk cheese in a mould)
- 4 ripe figs
- 1 Tbs. fragrant honey (lavender, alder buckthorn)
- Hazelnuts