



CLARINS

CLARINS PROFESSIONAL TREATMENTS

Expertise you can feel.
Results you can see.

Book your Spa experience:



BOOK NOW

OUR MISSION

Clarins Spa Treatments embody the art of a professional, personalized touch, a unique savoir-faire practised for over 70 years in our Beauty Institutes. They are also the exceptional combination of the power of plants and science which delivers effective, visible results on the skin, while bringing well-being and balance.



OUR STORY

It all began in the first Clarins Institute on rue Tronchet, Paris. It was 1954 when Jacques Courtin-Clarins opened this pioneering establishment where he presented his holistic vision of beauty: beauty, well-being and health are one and the same. Here he encouraged a dialogue with his clients. Very happy with the tailor-made solutions offered at his Institute, more and more clients came to “test” the Clarins technique and the first 100% plant extract Oils. The results, both immediate and long-lasting, were there. And with them, success!

This “Spa” vision, influenced from the start by the brand’s founder, continues to inspire today’s Treatments, products and techniques.



“I wanted to make a connection between medicine and beauty, between science and the cosmetic world”.

Jacques Courtin-Clarins

CLARINS PROFESSIONAL BEAUTY

The science of touch is at the very heart of how Clarins' story began. Thanks to their hands' sensitive nature and instinctive precision, Clarins Beauty Therapists (estheticians) understand the skin's needs and compose a targeted beauty response and help create a feeling of exceptional well-being. They draw energy from within themselves which helps guide a made-to-measure dialogue with the skin.

During a Clarins Spa Treatment, both hands are in action. The same hand movement can produce totally different benefits. Depending on the surface and weight of the hand in contact with the skin, along with the speed of the movement, all of this helps stimulate blood and lymphatic circulation as well as the circulation of energy. The body is deeply detoxified and drained. Every hand movement counts. This unique method is 100% manual and consists of 450 different movements. With more than 20 days of training, all estheticians trained by Clarins learn these movements and practice them every day.

The Clarins Spa experience is founded on the perfect synergy between hands that are capable of 'reading' the skin, and Clarins proven PRO formulas, highly concentrated in plant extracts to offer optimal results and promote a feeling of overall well-being. At home, this feeling continues thanks to Clarins application methods and nutrition & lifestyle tips for a holistic approach to beauty and well-being.



90 EXPERT HAND MOVEMENTS.

PER TREATMENT.

EACH PERSONALIZED TO YOU.



CLARINS MIXOLOGIE THE ART OF PROFESSIONAL BLENDING

At Clarins Spas, Clarins estheticians mix product formulas together to personalize the Spa Treatment and target any specific additional needs in phase with the client's lifestyle. The result leads to a new texture that is perfectly adapted to massage.

If some "mixes" are only used in the Spa, others can be suggested to our clients as a way to boost their routine and promote a moment of well-being. These "mixes" are truly exceptional expert secrets.




BEHIND EVERY WINNING
FORMULA, UP TO 300 TRIALS
TO GET IT JUST RIGHT.

PLANTS, OUR SCIENCE

ClarinsPRO products are formulated by Clarins Research and used exclusively in Clarins Spa Treatments. These professional formulas are derived from the latest botanical discoveries and scientific innovations which combine plant extracts, essential oils and molecules in their most optimal and effective concentration. For every single one, up to 300 trials and 250 tests were carried out.

Their textures have a remarkable sensoriality and were created to facilitate hand movements. They can be mixed easily together to create a personalized beauty response and promote optimal results.

A close-up photograph of a person's hand being poured with a thick, golden-yellow oil from a glass dropper. The oil is cascading over the fingers and palm, creating a glossy, textured effect. The background is a plain, light color.

OVER 100
SENSORIAL TEXTURES
THAT SPEAK TO SKIN.

CLARINS PROFESSIONAL TREATMENTS

Over 2,000 Clarins Beauty Therapists across the world receive in-depth, ongoing training which is among the best in the Spa universe, to acquire and enrich Clarins savoir-faire. So they know better than anyone how to offer you customized Treatments.

Our Treatment offer is the result of our Institute expertise, listening to women and also listening to our Beauty Therapists who fulfill all your desires and meet all your skin's needs.

01.

CUSTOMIZED EXPERT TREATMENTS FOR THE FACE & BODY

The Beauty Therapist personalizes the choice of plant extract formulas and subtly adapts the pressure of her hands, to stimulate the microcirculation and lymphatic drainage. It's a moment of pure well-being, delivering optimal effectiveness: the skin is wonderfully smooth, the complexion radiant and facial features are relaxed. This is the Clarins signature!





01.

EXPERT
TREATMENTS
FOR THE FACE
& BODY

FACIAL TREATMENTS

Thanks to formulas enriched in plant extracts, combined with the perfectly adapted hand movements of the therapist, Clarins takes care of you. A 25-minute massage lies at the heart of these personalized treatments that offer optimal efficacy, with immediate and long-lasting results; a massage that helps smooth, shape, firm and relax.

60 MINUTES - 115 EUROS

YOUTH EXPERT

After a skin diagnosis, this customized Treatment is adapted to your skin's needs and your particular beauty wishes: stressed skin, skin that lacks firmness, skin weakened by hormonal changes, etc. Whatever your age, this Treatment visibly reduces both first fine lines and deep-set wrinkles, and smoothes the features. Skin is firmer and more toned and your complexion more luminous.

POWER HYDRATOR

This Treatment pampers dry or weakened skin and is ideal for restoring comfort, softness and radiance. Dehydration fine lines are plumped and feelings of tightness disappear. Your skin is supple and pleasant to the touch again.



01.

EXPERT
TREATMENTS
FOR THE FACE
& BODY

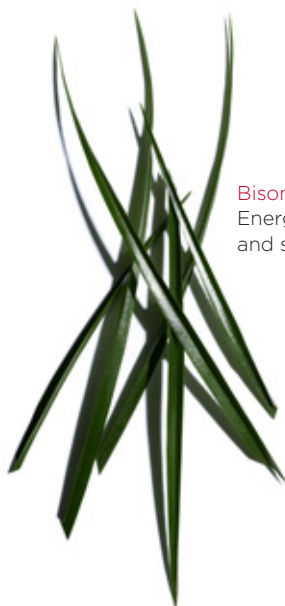
FOR HIM

After creating the ClarinsMen range incorporating the best plant ingredients, Clarins continues to take care of you with this Facial Treatment adapted to your needs and wishes.

60 MINUTES - 115 EUROS

ENERGIZING FACIAL FOR MEN

Take a break! This energizing Face Treatment is specially designed for men's skin which is exposed to external agressions and irritated by shaving. It purifies, moisturizes and reduces the look of wrinkles and dark circles and energizes the skin. A complete Treatment which brings a deep and immediate feeling of well-being. You look relaxed, rested and totally re-energized.



Bison grass
Energizes
and soothes



BODY TREATMENTS

Clarins, the Body Care specialist, offers a specific solution to every beauty concern. Thanks to high-performing formulas concentrated in plant extracts and to Clarins expert touch, you'll experience a made-to-measure treatment with proven efficacy¹.



Hazel
Nourishes the skin

60 MINUTES - 150 EUROS

BODY RENEW

The wear of day-to-day life can sometimes be stressful. This blissfully relaxing body exfoliation treatment is here to enhance not just your body, but also your mind. We start with a gentle exfoliation to detox and renew, then add an indulgent layer of lotion for deep hydration. You'll leave feeling refreshed and energised, every time.

30 MINUTES - 55 EUROS

BODY RENEW

A perfect treat as an add-on. Gentle exfoliation to detox and renew your skin before the Clarins body Treatment or massage of your choice.

¹. Reduction of 0.42 cm on the thigh.
Clinical study carried out on 26 women after a Body Silhouette Treatment.

02.

FEEL GOOD TREATMENTS

Need to relax? Stressed out?
Looking for a revitalizing
boost? Thanks to the
beneficial properties of
essential oils, enjoy a unique
sensorial experience which
delights all the senses.



MASSAGES

Clarins massages are like no other: they adapt to your needs and revive all of your senses. They stimulate, tone, relax, revitalize and soothe. The magic of the expert hand movements carried out by Clarins therapists work with the delicious aromatic and phytotherapeutic benefits of our exclusive, natural products. Complete relaxation and a unique sensorial experience guaranteed.

60 MINUTES - 115 EUROS

REBALANCING MASSAGE WITH ESSENTIAL OILS

A massage which releases muscle tension, relaxes the body and restores energies. More or less deep depending on the degree of muscle tension and your wishes, the massage is carried out using either Tonic Treatment Oil to stimulate the body and mind, or Relax Treatment Oil for a sensation of total relaxation.





TREATMENT PACKAGE

Buy 5 treatments and receive a complimentary 6th treatment. Applicable to all face and body treatments.

02.

FEEL GOOD
TREATMENTS

PREGNANCY TREATMENT

Pregnancy is one of the most beautiful moments in a woman's life. It's an amazing journey of surprises and usually marks a newfound appreciation of your incredible body and what it can do. From simple exercise ideas and makeup advice to pregnancy lotions and stretch mark creams — Clarins is here to help make you feel beautiful throughout your journey into motherhood and beyond.

Roman
camomile
Soothes

60 MINUTES - 115 EUROS

MOTHER-TO-BE

Nourish and soothe your growing bump with our ultra-pampering Clarins mum-to-be treatment. Whether you're only just starting to show or nearing your due date, a Clarins mother-to-be massage is the perfect way to prepare yourself for welcoming a new life into the world. Using our most gentle selected products, we'll nourish stretched skin, whilst improving its tone and elasticity. Our massage releases tensions, reduces heaviness in the legs, and gives you permission to think about nothing other than yourself for an hour.





02. OPEN SPA & COACHING

"Express" treatments and tailor-made application tips for all the days of your life, including the most beautiful! Booking is highly recommended to avoid disappointment.

UNIQUE COACHING, FROM CLARINS. BEAUTY IS IN YOUR HANDS

Make an appointment with your new beauty routine. By learning the Clarins techniques, you will not only do your skin a world of good but also maximize the effectiveness of all your skin care and make-up products.

60 MINUTES - 60 EUROS

GET READY WITH US*

Have a special event planned? Whether it's a birthday, a dinner, a cocktail party...or you just want to have fun with makeup, we are here to help you with your smoky eye or glowing complexion.

30 MINUTES - 45 EUROS

BYE DRY SKIN

Incredibly soft and comfortable skin despite daily environmental aggressors... Get it now!

READY TO GLOW

The instant radiance boost. Wave goodbye to signs of fatigue and a dull complexion.

YOUTH EXPRESS

Need firming up? This is the treatment for your skin, for a firm, smooth and rested face.

SOS DETOX

The treatment that helps restore radiance, freshness and balance to asphyxiated skin.

EYE MUST

Close your eyes and let your eye contour be refreshed and smoothed. Instant, visible results guaranteed.

SKIN ENERGIZER FOR MEN

The express treatment for men to restore clean, clear, energised skin.

30 MINUTES - 30 EUROS

READY TO LEARN*

You'll never apply make-up the same way, after this class. Get to learn the right techniques with the right products for a routine adapted to your skin's needs.

*Price is redeemable against purchase.

FLASH EXPERT SERVICES

Our Spa expertise is available in “condensed” versions.
Choose the options that suit you, according to your schedule and needs.

01. OUR COMPLIMENTARY SERVICES

Treatments and Make-Up Sessions lasting 5 or 15 minutes
which provide skin with the essentials, for an instant beauty boost.

5 MINUTES

A WEIGHT OFF YOUR SHOULDERS

Unwind from the stress of everyday life with our neck and shoulder massage. Our beauty coaches will use their expert hands to release any tension in your neck and shoulders.

HANDS ON

Treat your hands with our expert massage and leave feeling rested, soothed and revived.

15 MINUTES

DISCOVER YOUR SKIN

In this unique-to-us diagnosis, our beauty coaches will use their expert hands to understand your skin and recommend you a personalised product ritual.

They will also put together a complimentary selection of samples, that suit your skin care or make-up needs.

15 MINUTES

GLOW GIRL!

Focus on Complexion

Discover the perfect complexion routine and leave with a radiant glow. We'll apply it for you, so you can experience the full effect of plant-powered make-up made for skin.

HAPPY COLOURS!

Focus on Lips or Eyes

We'll help you pick the perfect colour of eyeshadow or lipstick from our make for skin range. We'll apply it for you, highlighting your beautiful features and giving.

PRECIOUS REVITALISING RITUAL ON FACE

Your skin is Precious. Indulge in a unique 15min revitalizing ritual discovery. Feel the immediate benefits and the ultimate sensoriality of our Precious range. For all women aged 25+ looking for instant results on micro-tension in the face. The look of wrinkles is reduced, and radiance revived. A plumping “lift” effect and firmer facial contours. Rare. Like a unique experience



“Clarins offers a range of make-up products adapted to all women, created to provide a moment of pleasure while taking care of your skin, day after day.”





CLARINS MAKE-UP 30 YEARS OF RESEARCH, CREATIVITY, AND TECHNICALITY.

Clarins brings to make-up, years of expertise when it comes to product formulation, on-going innovation, and iconic products that offer skin care benefits... Vibrant colours, instant and irresistible make-up results, textures that are even more sensorial than ever before, inspired by Clarins skin care expertise. Unique formulas enriched in plant extracts, chosen for their efficacy.

CLARINS MAKE-UP

60 MINUTES - 50 EUROS

MAKE-UP ONE-TO-ONE

For an hour, you'll get to take full advantage of unique professional advice you can put to good use. With our beauty experts, discover textures and shades that suit you and learn application techniques. You'll look magnificent, you'll feel beautiful.

Price is fully redeemable with purchase.

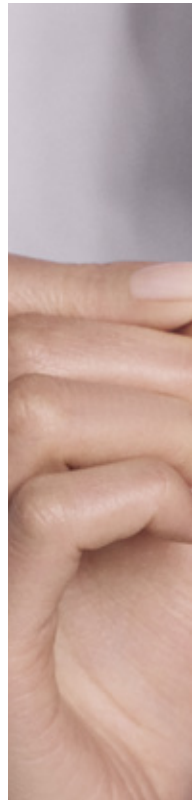
CREATE SKIN CARE PRODUCTS...

INVENTIVE FORMULAS, DRIVEN BY SCIENCE AND PLANTS.

A palette of addictive colours, always easy to apply (even for novices!), but also easy to wear thanks to natural and vibrant nuances that make a person feel good and which highlight the beauty of all skin tones.

SENSORIAL TEXTURES INSPIRED BY SKIN CARE: CREAMS, WATERS, MILKS, GEL-BASED OILS AND EVEN A WHIPPED CREAM TEXTURE!

They fuse easily with the skin and remain invisible but are full of skin care benefits. Textures that glide effortlessly over the skin and blend in easily. You won't feel a thing, and coverage is always made-to-measure.





RESPONSIBLE BEAUTY

Protecting biodiversity, fair trade, helping children in need, supporting medical research... Clarins has always been committed to a more sustainable, ethical beauty. In 2016, Clarins most beautiful dream came true, with a major new responsible step: the creation of its own Domaine, to source the best ingredients while preserving the environment.

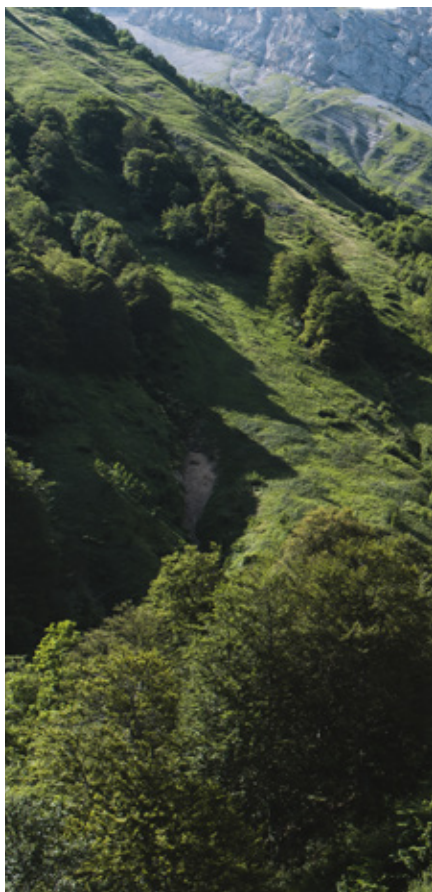
CLARINS T.R.U.S.T.

Your product traced from the field to you

TRACEABILITY - RESPONSIBILITY - UNIQUENESS - SAFETY - TRANSPARENCY

Thanks to Clarins T.R.U.S.T., a platform based on blockchain technology, you can access the entire preparation and manufacturing process of each skincare products, as well as the expertise used and the plants that compose it: from their geographical origins to harvesting methods and certifications...

Total transparency that reflects the relationship of trust that has always united us with our customers.





DOMAINE CLARINS... THE PEAK OF BEAUTY.

On this unique, protected site covering 10 hectares at the heart of the Alps, free of air and land pollution, Clarins grows and harvests its own plants following the seasons and respecting nature. This Domaine is also a genuine open-air laboratory where Research teams can study plants, experiment with new ones and enrich Clarins Herbarium as new plant discoveries are made.

SPA@HOME

The Clarins experience continues after the Spa. We are always at your side, taking care of you, to maximize your beauty. Try your hand at Clarins Mixologie. Certain skin products can be mixed together for added benefits, enhanced results and a unique sensorial experience.

Dancing legs. Add a few drops of Relax Treatment Oil to Energizing Emulsion Soothes Tired Legs and massage the legs starting on the feet and moving up to the thighs, for an instant refreshing effect and to relieve tension.



Mad mask. Add a few drops of Blue Orchid Oil to your SOS Hydra Mask for even more moisturization and radiance. Apply the mixture then leave for 10 minutes.





Wrinkle smoother. Mix Beauty Flash Balm with your day cream to revive your skin's youthful radiance.



Velvet gloves. Add a few drops of Blue Orchid Oil to your Hand and Nail Treatment Cream for instantly moisturized hands.



NUTRITION

For healthy, easy meals, the feel-good recipes from Dr Olivier Courtin are always a great option!

VELOUTÉ OF RADISH TOPS

For 4 people.

Wash and roughly sliver the radish tops. Peel the potato and cut it into small dice. Put the olive oil in a pan with the slivered radish tops. Let them soften and reduce. Add the water and the diced potato.

Season with salt and let cook 15 minutes. Mix and add the yogurt, to which you have added some turmeric and pepper. Serve!

MY CHOCOLATE MOUSSE

For 6-8 people.

Melt the chocolate in a bain-marie, let cool slightly. Separate the eggs. Beat the yolks. Beat the whites in a mixer until they form firm peaks. Slowly add the chocolate to the egg yolks (if it is too hot it will cook them!), then, with a rubber spatula, fold in the stiff egg whites without breaking them.

Refrigerate for 2 hours before serving.



SPA ETIQUETTE

APPOINTMENTS

To fully enjoy your treatment(s) with us, please arrive at least 10 minutes before your appointment. This will allow you prepare, relax and immerse yourself in the Clarins Spa experience.

RESCHEDULING AND CANCELLATION

For your information, bookings can be changed or cancelled up to 24 hours beforehand free of charge. However, if you do not arrive for your appointment with at least more than once, we reserve the right to charge you 50% of your total treatment cost or deduct it from your gift voucher. Lastly, in the event that your designated member of staff is unable to perform your treatment, we reserve the right to cancel your appointment via email.

HEALTH

Please inform us of any health problems, allergies or injuries which may interfere with the Treatment. If in doubt, please see your Doctor before you book. The Spa is a non-medicalized environment and all Treatments are for your well-being only.

RESPECT FOR OTHERS

The Spa is a place of peace, harmony and well-being. To fully benefit from your experience and to show respect for other clients, smoking and the use of mobile phones is forbidden. Animals are not allowed in Treatment rooms.

RESPONSIBILITY

There is a safe in each Treatment room for your personal use and security. Clarins cannot be held responsible in the event of loss, theft, or damage of personal items in the Spa.

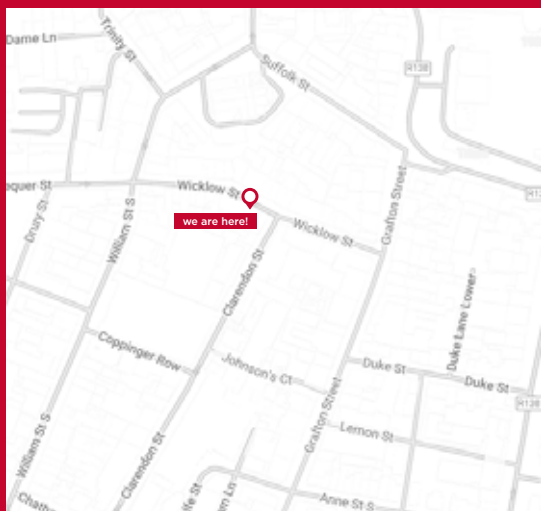
SERVICE PACKAGES AND GIFT VOUCHERS

These are non-transferable, non-exchangeable and valid for 5 years after the date of purchase. Beyond this period, the requested service or Gift Voucher is deemed invalid. Gift vouchers purchased online can be redeemed on Clarins.ie and gift vouchers purchased in store are only intended for use in the Clarins Ireland Boutique and Spa.





BOOK YOUR SPA EXPERIENCE



Clarins Boutique & Spa,
33-34 Wicklow St, Dublin 02 | D02 FF63
Tel: (01) 572 5960

Monday 10 am – 6 pm | Tuesday 10 am – 6 pm | Wednesday 10 am – 7 pm
Thursday 10 am – 8 pm | Friday 10 am – 7 pm | Saturday 9 am – 6 pm
Sunday 11 am – 6 pm

FIND US ON INSTAGRAM AND FACEBOOK @CLARINSIRELAND

CLARINS

WWW.CLARINS.IE